



EUFAMI Annual General Meeting 2022

Share4Carers – Art4Me – SUCCESS

11th June 2022

Dimitra Stefanopoulos
Communications & Administration Officer



Share4Carers

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- ❖ Commenced in December 2019
 - ❖ Concluded in January 2022
 - ❖ Organiser: Dynami Zois (Greece)
 - ❖ Partners from Belgium, Italy, Turkey, Croatia, Greece
 - ❖ Sharing Good Practices for the psychoeducation of Children of Parents with ill mental health in Europe.



Share4Carers (contd.)

- ❖ Aimed to promote key solutions by uniting patients' organisations, academics, clinicians and carers at national level.

- ❖ Provided all involved with the skills and knowledge necessary to raise awareness on the societal impact of children of parents with mental ill health.

- ❖ Representatives;
 - shared good practices
 - exchanged perspectives on effective advocacy strategies
 - learned how to engage with decision-makers at national and EU levels



Share4Carers (contd.)

The goal was to draw the attention of the academic and general public, as well as relevant state institutions, to the importance of the development of basic and clinical psychoeducation, as well as key solutions in the prevention, early detection, intervention and support of children.



Share4Carers (contd.)

- ❖ *EUFAMI acted as a partner throughout 2021 by modifying and implementing the PROSPECT programme to be delivered as an asset for children and young adults of parents with ill mental health.*
- ❖ *The Share4Carers programme was concluded in January 2022 with the publication of its Good Practices Guide, which can be viewed on the EUFAMI website.*
- ❖ *For further information on the programme, please visit:*
<https://share4carers.eu/>



Art4Me

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- ❖ Commenced in March 2020
 - ❖ Will conclude in March 2023
 - ❖ Organiser: The Danish Committee for Health Education (DCHE)
 - ❖ Partners from Denmark, Greece, Belgium, Portugal, Italy, Croatia and Greece
 - ❖ Practices of art for adults with mental health problems



Art4Me (contd.)

Aims to:

- ❖ Promote and highlight the importance of mental health promotion through all forms of art, with the goal of improving the lives of millions of Europeans living with psychiatric disorders.
- ❖ Examine the situation in each partner country, concerning the use of art and art therapy in mental health promotion.



Art4Me (contd.)

- ❖ EUFAMI acts as an associated partner of the project mainly by disseminating the good work of all involved.
- ❖ Next Meeting 6-8 July 2022, Zagreb, Croatia
- ❖ For further information on the programme, please visit:
<http://art4me.eu/>



SUCCESS

SUpporting family CaregivErs of adultS with mental health issueS

- ❖ Commenced in February 2022
- ❖ Will conclude in February 2024
- ❖ Organiser: EPIONI and Similes Brussels
- ❖ Partners from Belgium, Greece and Croatia



SUCCESS

SUpporting family CaregivErs of adultS with mental health issue (contd.)

Aims to:

- ❖ Share good practices for supporting family members of people with ill mental health in Europe.
- ❖ Share training programmes in order to support family members of people with ill mental health.
- ❖ Share national and international awareness campaigns for social inclusion of adults with a mental illness and their family caregivers.



SUCCESS

**SUpporting family CaregivErs of adultS
with mental health issue (contd.)**

❖ PROSPECT (EUFAMI)

❖ PROFAMILLE (SIMILES BRUXELLES)



SUCCESS

SUpporting family CaregivErs of adultS with mental health issue (contd.)

- ❖ Representatives will meet on multiple occasions during the lifecycle of the project to share good practices and exchange perspectives.
- ❖ EUFAMI acts as an associated partner of the project aiming to communicate to Similes and EPIONI information regarding the development of the PROSPECT Training Programme.
- ❖ Next Meeting 4-6 July 2022, Zagreb, Croatia



Thank you!