



Supporting Families
since 1992

2025

ANNUAL REPORT



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PRESIDENT'S LETTER

Dear Friends, Partners, and Supporters,

*As I reflect on the past year, 2025, I find myself thinking not only about the last twelve months, but also about the extraordinary momentum we built together. . Looking back, 2024 marked a pivotal year: we set out a bold Strategic Plan, completed landmark programmes like **PROSPECT** and **S.U.C.E.S.S.**, and launched pioneering initiatives such as the Virtual Brain Twin project. In 2025, we faced a simple but profound question: how do we transform that promise into lasting, tangible change for every family navigating mental ill health across Europe?.*

I am proud to say that we have answered that question with action, collaboration, and heart.

Following the successful redevelopment of the PROSPECT Training Programme in 2024 and 2025 has been the year of consolidation and expansion. I am delighted to report that PROSPECT is still successfully active in thirteen European countries, and two more countries are prepared and ready to launch the programme within 2026. Demand from family caregivers, peer workers, and professionals has never been higher, reaffirming the programme's impact and the importance of continuing to scale its reach across Europe.

The **FAMILY** Programme, which began its critical work on intergenerational transmission in 2022, has started producing its findings through the excellent work and outstanding collaboration of all stakeholders involved.

The **Virtual Brain Twin** (VBT) Programme moved from launch to lived reality in 2025. As ethical consultants and dissemination partners, we ensured that the voices of families and carers shaped every stage of the programme's development.

The **MENTAL-CARE** Programme, introduced in 2024, has matured into a vibrant knowledge exchange network connecting four EU-FAMI member organisations.

“ *Our commitment remains firm: we will continue to advocate for the rights of families, drive forward impactful research and programmes, and foster an inclusive society where mental health is prioritised.* ”

We are also pleased to announce the launch of a new Erasmus+ project, **Pathways to Recovery**, a modest in scale yet highly significant initiative spanning December 2025 to August 2027. This project is developed

in close partnership with two EUFAMI member organisations, and this project is designed to support the recovery journey of individuals living with mental health conditions while simultaneously empowering the informal carers who accompany them.

Building on our longstanding commitment to challenging misconceptions, 2025 also saw the full rollout of **The Reality of Schizophrenia Project**. Developed directly with input from families and individuals with lived experience, this initiative moves beyond clinical definitions to capture the everyday realities of living with schizophrenia, from the burden of negative symptoms and cognitive difficulties to the profound isolation often felt by both patients and their carers.

EUFAMI's presence in international congresses has grown stronger. Within 2025, EUFAMI had maintained a strong presence in key international congresses, including the **European Psychiatric Association (EPA) Congress**, the **European College of Neuropsychopharmacology (ECNP) Congress**, and the **World Congress of Psychiatry (WCP)**. These platforms have provided us with valuable opportunities to showcase our work, highlight the dedication of our member organisations, and strengthen collaboration with partners across sectors.

Looking ahead to 2026, the work is far from finished. The needs of families across Europe remain urgent. Many family carers still go unseen and unsupported by the very services meant to help them. In the year ahead, we will deepen our

advocacy for policy change at the European level, strengthen our member network through greater solidarity and shared learning, and continue to challenge the stigma that silences too many families. The road is long, but our resolve grows stronger with each passing year.

A heartfelt thank you to all our members, partners, supporters, and above all, the families who share their stories and struggles: None of this would exist without you. You are the reason we continue to push for recognition, support, and empowerment.

With enduring gratitude and a determined eye on the future,



▲ Åsa Konradsson-Geuken
EUFAMI President



2025 AT A GLANCE:

JANUARY

- > **8:** EUFAMI launched a new research initiative titled *The Reality of Schizophrenia*, aimed at shedding light on the lived experiences of individuals and families affected by Schizophrenia.
- > **10:** Release of EUFAMI's 2025-2027 Strategic Plan - Involving Families and Carers - a bold and ambitious roadmap to advance our mission of supporting families affected by mental health challenges.
- > **10:** Release of the first EUFAMI Newsletter of the year – Vol. IX.

FEBRUARY

- > **21:** The MENTAL-CARE project travels to Zagreb, Croatia on a visit to the Psychiatric Hospital of Vrapče where they engaged in meaningful discussions on how to improve the environment between mental health professionals, patients and carers.
- > **28:** EUFAMI Board of Directors holds its first meeting of the year (online).

MARCH

- > **31:** New International Guidelines for Schizophrenia Treatment through the INTEGRATE project, Published in The Lancet Psychiatry – EUFAMI's current President Åsa Konradsson-Geuken is among the co-authors

APRIL

- > **5-8:** EPA Congress, Madrid – EUFAMI Vice-President André Decraene and Executive Director John Saunders attend the opening ceremony and participate in the Board of the Committee of National Psychiatric Associations.
- > **15:** Release of the second EUFAMI Newsletter of the year – Vol. X.
- > **17:** GAMIAN-Europe, the European Psychiatric Association (EPA), and EUFAMI delivered a webinar unveiling key insights from their latest project on Digital Health and Schizophrenia.

MAY

- > **24-25:** EUFAMI Communications Officer Dimitra

Stefanopoulos attends the 3rd Arts & Mental Health Festival, organised by EPIONI, in Aegina Island, Greece.

JUNE

- > **6-7:** EUFAMI Annual General Meeting 2025, Stockholm, Sweden co-hosted by the Swedish Schizophrenia Association
- > **7:** EUFAMI Board of Directors holds its second meeting of the year in Stockholm, Sweden.
- > **7:** EUFAMI Elects New President – Åsa Konradsson-Geuken is passed on the torch from 6-year former President Urs Würsch.
- > **7:** "When the Brain Gets Sick" book launch - a children's book which introduces children to the complexities of brain disorders through accessible language and vivid illustrations. Authored by Professor Klas Kullander, Associate Professor and EUFAMI President Åsa Konradsson-Geuken.

- > **10:** EUFAMI participates in the 2nd **FAMILY** stakeholder event “*A Dialogue on Stigma: Research, Reality, and Response*”, which gathered 38 participants from across Europe to discuss mental health stigma.
- > **10-12:** EUFAMI attends the Global Patient Partnership Summit 2025, Barcelona, Spain a key event uniting patient advocates, healthcare leaders, and industry experts to advance patient-centred care.

JULY

- > **14:** Release of the third EUFAMI Newsletter of the year – *Vol. XI*.

AUGUST

- > No significant events recorded.

SEPTEMBER

- > **22-23:** Virtual Brain Twin General Assembly, Brussels, Belgium.

OCTOBER

- > **3:** EUFAMI Board of Directors holds its third meeting of the year in Leuven, Belgium.
- > **5-8:** The **FAMILY** consortium delivered a dedicated course at the 25th Congress of the World Psychiatric Association (WPA) in Prague on “Intergenerational Mental Health (IMH): Navigating the Frontiers of Risk, Resilience, and Prevention.” EUFAMI’s Executive Director, John Saunders, contributed with a session on Understanding and Predicting the Inter-generational Transmission of Mental Illness – Lived Experiences.
- > **11-14:** EUFAMI attends the 38th *ECNP Congress* in Amsterdam, The Netherlands.
- > **20:** Release of the fourth EUFAMI Newsletter of the year – *Vol. XII*.
- > **21:** Global Mental Health Community Summit, Wiesbaden, Germany, a key event uniting patient advo-

cates, healthcare leaders, and industry experts to advance patient-centred care.

- > **31-1:** EUFAMI participates in the World Mental Health Congress 2025 in Portugal - EUFAMI's President and also the Executive Director, delivered a significant presentation on the critical topic of "Stigma and the Family Voice."

NOVEMBER

- > **5-7:** EUFAMI attends the 4th **FAMILY** General Assembly in Barcelona, Spain.

DECEMBER

- > **1:** EUFAMI President Åsa Konradsson honoured as 2025 SNAPPER of the Year -the award is given to individuals who make a tangible difference for relatives of people with mental illness.
- > **5:** EUFAMI Board of Directors holds its final meeting of the year (online).

PROJECTS



FAMILY Understanding and Preventing the Intergenerational Transmission of Mental Illness - EU Project

Led by Erasmus University Rotterdam and a consortium of 15 academic partners, the FAMILY Project was launched in October 2022 to transform our understanding of how mental health conditions pass from one generation to the next, and how we can intervene to break the cycle.

The FAMILY consortium aims to:

- Decipher the mechanisms behind the intergenerational transmission of mental illness (from parents to children).
- Develop predictive models to assess whether mental health conditions are likely to be inherited, using a groundbreaking integration of:
 - > Biological factors (genome, epigenome, brain structure)
 - > Environmental & behavioral influences (family dynamics, social context)
- Address ethical and social challenges, such as the "right not to know" one's risk and the potential for stigmatization.

By deepening our understanding of familial risk factors, FAMILY aims to empower families with knowledge, personalise prevention strategies, and improve mental health outcomes across generations.

The project aligns closely with EUFAMI's Strategic Plan, reinforcing the need for family-centred mental health support. Through collaboration with family and patient organisations, such as EUFAMI and ESCAP, FAMILY will:

- Raise awareness on inherited mental health risks.
- Engage families in research and advocacy.
- Translate scientific discoveries into practical tools for patients, caregivers, and clinicians.

For further information on the FAMILY project, please visit www.family-project.eu. ■

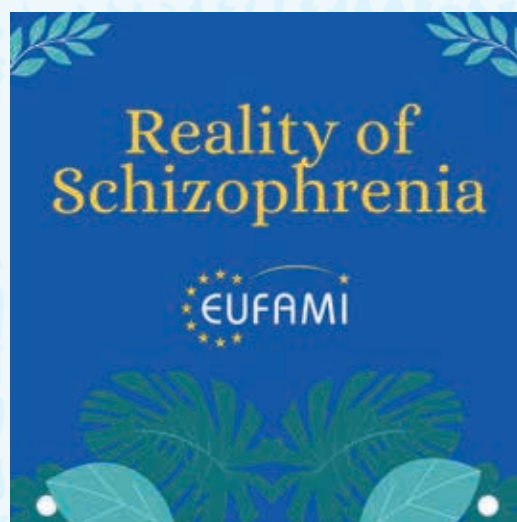
REALITY OF SCHIZOPHRENIA

The Reality of Schizophrenia and Severe Mental Illness is EUFAMI's project launched in January 2025 and concluded in December 2025. The project's goal was to plan and carry out activities that raise public awareness and reduce the stigma surrounding severe mental illnesses across five countries, Austria, the Czech Republic, Israel, Poland and Switzerland. This initiative was implemented in close collaboration with our partner organisations, whose support and expertise was essential to achieving our shared goals. The main target group included people living with schizophrenia and/or other severe mental illnesses, as well as their caregivers in each participating country.

The main objectives of the project were:

- ▶ To increase knowledge and awareness about schizophrenia in each participating country, helping to fight stigma and misconceptions.
- ▶ To conduct research that strengthens the understanding and provides evidence to advocate for better psychiatric care and to support recovery processes.

A finalised report is underway and will be fully published within 2026. ■



PROJECTS



MENTAL-CARE PROJECT Strengthening Support for Mental Health Caregivers in Europe – EU Project

Led by three EUFAMI member organisations, FINFAMI (Finland), EPIONI (Greece), and AMAFE (Spain), in collaboration with the University Hospital Vrapče (Croatia), the MENTAL-CARE project launched in October 2024 with a mission to transform mental health caregiving across Europe. EUFAMI contributes as an associated member, ensuring the project remains aligned with caregiver needs.

MENTAL-CARE aims to:

- Improve communication between mental health service users, professionals, and caregivers.
- Enhance quality of life for individuals with mental illness and their families.
- Reduce caregiver burnout and alleviate mental health challenges within families.
- Promote best practices through targeted education and resources.

The project will produce impactful outcomes, including:

- ▶ A Best Practices Guide – Featuring video content, this resource will offer practical strategies for supporting adults with mental health conditions and their caregivers across Europe.
- ▶ Awareness-Raising Event (Greece, May 2026) – Held during European Mental Health Week, this initiative will spotlight caregiver challenges and solutions.
- ▶ Interactive Workshops & Learning Sessions – Taking place in:
 - Croatia (February 2025)
 - Belgium (June 2025)
 - Greece (23-25 May 2025)
- ▶ Hybrid Events – Engaging global audiences on World Mental Health Day and other key observances.

By fostering stronger collaboration between families and professionals, MENTAL-CARE seeks to create a more supportive, informed, and resilient caregiving ecosystem—one that prioritizes well-being, education, and systemic change. ■



PATHWAYS TO RECOVERY

The Erasmus+ project Pathways to Recovery is a small-scale initiative which launched in December 2025 and will run until August 2027. The project aims to support the recovery journey of individuals living with mental health conditions and to empower the informal carers who accompany them.

The team is consisted of two EUFAMI member organisations, Schizofreniförbundet (Sweden) and EPIONI (Greece), and also Recovery IPSS (Portugal).

The Pathways to Recovery project will:

- Share effective methods for mental health recovery
- Promote education and training for professionals
- Raise awareness about the needs of informal carers

- Ultimately improve the quality of life for people with mental health challenges and their families

The project will include a series of learning activities and public awareness events aligned with key international days:

- Aegina, Greece: Learning activity during European Mental Health Week (21–24 May 2026) organised by EPIONI.
- Portugal: Activities for the International Day of Persons with Disabilities (December 2026)
- Sweden: Final meeting, learning activity & study visit (June 2027)

Source: www.epioni.gr ■

PROJECTS



VIRTUAL BRAIN TWIN (EBRAINS) – EU PROJECT

The Virtual Brain Twin project, funded under Horizon Europe as part of the EBRAINS initiative, launched in January 2024 with a transformative vision: to revolutionise personalised brain medicine through advanced digital modeling.

By creating highly accurate digital twins of individual brains, this cutting-edge initiative seeks to:

- Enable precision diagnostics by simulating brain function and pathology.
- Pioneer personalised treatment strategies for neurological and psychiatric disorders.
- Accelerate neuroscience research by providing an unprecedented tool for understanding brain diseases.

This breakthrough could reshape healthcare,

offering tailored therapeutic solutions for conditions such as epilepsy, depression, Parkinson's, and schizophrenia, bridging the gap between research and patient care.

As a key stakeholder, EUFAMI plays a critical role in:

- Advocating for the needs of individuals with mental illness and their families.
- Guiding ethical and practical considerations to ensure the project remains focused on real-world impact.
- Facilitating dialogue between researchers, clinicians, and caregivers to align innovation with lived experience.

For further details on the Virtual Brain Twin project, visit www.virtualbraintwin.eu/. ■



PROSPECT PROGRAMME

The Prospect Programme continues to be successfully implemented across Europe. The programme provides essential resources, peer support, and structured training to help individuals and families manage the challenges of mental ill health.

Key Outcomes:

- Provides a safe space for shared learning and growth
- Helps participants build resilience and confidence.
- Strengthens local support networks through peer solidarity.

New Resources:

Updated facilitator manuals are currently being finalised. These new manuals will ensure the programme continues to meet the needs of facilitators and participants. Distribution is expected in the coming months

We extend our thanks to all facilitators and partners for their ongoing work in delivering this vital programme. ■

MEMBER FOCUS



BEDRE PSYKIATRI (DENMARK)

In 2025, Better Psychiatry continued its focus on delivering a psychoeducational program specifically for informal caregivers of individuals with mental disorders across Denmark, as we received additional permanent funding from the government and parliamentary parties as part of the comprehensive political agreement on a 10-year plan for psychiatry. Furthermore, the parties agreed to launch a new support program in 2025, also under the auspices of Better Psychiatry, aimed at parents of children with severe mental disorders, with development progressing toward a planned launch in 2026. Additionally, Better Psychiatry was granted a seat on the National Psychiatry Council, whose purpose is to monitor whether the initiatives outlined in the overall 10-year psychiatry plan are implemented and achieve the intended effects.

Locally, professional-led mutual support groups across Denmark organized by Better Psychiatry showed promising results in mid-term evaluations. These groups enabled caregivers to meet and realize they were not alone in their thoughts, frustrations, and concerns. Participants reported a positive group atmosphere (100%) and strong relationships with both fellow participants and the group leader (99%). A substantial proportion experienced significant benefits from participation (86%), and 62% reported improved ability to manage their caregiver roles. The trust and openness cultivated within the groups allowed participants to share their most vulnerable experiences. The positive atmosphere and strong

interpersonal connections were not merely incidental—they formed the foundation for the benefits reported by participants.

Going forward, Better Psychiatry will continue to advance its own initiatives while supporting efforts to strengthen the Danish government's development of a robust, effective, and sustainable mental health system. ■

EPIONI (GREECE)



In 2025, the Greek Carers Network EPIONI continued its unwavering commitment to empowering and advocating for informal carers of individuals living with mental health challenges and chronic conditions. Throughout the year, EPIONI implemented a wide array of activities at both the national and European levels, placing a special emphasis on the intersection of caregiving, mental health, the arts, and social inclusion.

Key national highlights included the organization of the 3rd Art and Mental Health Festival in Aegina, which brought together mental health professionals, carers, and artists to explore psychological resilience through creative expression. Furthermore, EPIONI hosted multiple installments of its "Caring for Carers" conference series, the 8th event on "Carers and Depression," and actively celebrated European Carers Day in Athens.

At the European level, EPIONI advanced innovative approaches to mental health care and carers' rights by partnering in numerous EU-funded Erasmus+ projects, including MENTAL-CARE, I-ACT, and COMIC

RELIEF. The organization also facilitated job shadowing for mental health professionals and actively participated in public policy dialogues to demand institutional recognition for carers. Through continuous support groups, training, and advocacy, EPIO-NI reaffirmed its mission to ensure the invaluable contributions of informal mental health carers are recognized and supported. ■

HPE (AUSTRIA)

After more than 20 years HPE Austria now has a new, more modern, logo, which shows who we are, what we stand for and what we do. The lively colours represent hope and compassion and illustrate the diversity of lives and human beings. The message is that “there is always a way ahead” and we family members can support each other. The figure in the h in the form of the letter A stands for ‘Angehörige’ – in English family members – and, just as in the association, they form the central focus in the new logo.



Due to cuts in grants and increased costs HPE has had to discontinue the printed magazine *Kontakt*. This has been replaced by an online version “*inKONTAKT*” which now appears on the website, along with the regular newsletter.

The good news is that HPE has recently re-introduced a former service:

The open ear ... Family members at the end of the line!

A team of experienced family members is available twice a week from 6 to 8pm to lend an ear to all family members of people with mental illness, who feel the need to talk to someone. The team has been trained and receives regular supervision. Callers can remain anonymous, if desired, and the conversations are, of course, handled with utmost discretion and on eye level. ■

NOVA SYMPATHEA (CZECH REPUBLIC)



“Members of Nova Sympathea - informal caregivers - actively participated in two important conferences in the country, the Congress of the Czech Psychiatric Society, which is held every year, and the 38th Conference of Social Psychiatry, held every 2 years. At this conference, the chairwoman of Nova Sympathea, Alena Müllerová, received an award for her services to the development of social psychiatry. With her extraordinary work, attitude, values and efforts, she is a very inspiring personality not only in the field of social psychiatry. (Fig. 1)

Last year, 2025, Nova Sympathea conducted several trainings of the Prospect program as part of the PodUp project of the Ministry of Health. We gained new facilitators from among caregivers and people with experience. They are very passionate and energetic women, and their facilitation attracted a large number of listeners. (Fig. 2).



For more information novasympathea.cz ■



MEMBER FOCUS

RETHINK MENTAL ILLNESS (ENGLAND, U.K)



Rethink Mental Illness provide over 140 services in England, a network of local support groups, and deliver campaigns that bring about real change to the lives of people severely affected by mental illness.

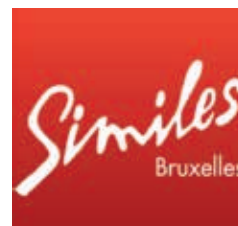
Over the past year, our services continued to expand, supporting more than 24,000 people through housing, crisis, and community-based services across England. This reflects our commitment to ensuring that people living with mental illness, their families and carers receive high-quality, accessible support when they need it most.

It was a significant year for campaigning and policy influence. A major milestone came in December 2025, when the Mental Health Bill received Royal Assent, the first major reform of the Mental Health Act in over 40 years. This achievement followed sustained campaigning alongside people with lived experience and carers, and we are now helping to shape the new Code of Practice to ensure the legislation makes a meaningful difference in everyday care.

Our commitment to equity continued to guide our work. Through our 'Don't Cut Disability Benefits – Cut Mental Health Waiting Times' campaign, we urged the UK government to protect people with mental illness from harmful proposals to the Welfare Bill. We also advanced our antiracism commitments through the publication of a second Anti-Racism Progress Report and the rollout of the Advancing Mental Health Equalities Plan.

Crucially, everything we do remains grounded in lived experience. People living with mental illness and carers shaped our policy and campaigning through roundtables, events, storytelling and co-production opportunities, with our Lived and Carers Advisory Boards continuing to steer the strategic direction of involvement for the charity. ■

SIMILES (BRUXELLES)



In 2025, the organisation's main activity has been the organisation and delivery of the Profamille programme, a structured psychoeducation training dedicated to families and relatives of individuals living with mental health conditions. This programme provides participants with essential knowledge about mental illness, practical tools to better cope with daily challenges, and strategies to improve communication and relationships within the family. The feedback received has been very positive, with participants reporting increased understanding, reduced feelings of isolation, and greater confidence in supporting their loved ones.

Alongside this core activity, Similes Bruxelles continues its mission to inform, support, and empower families through awareness-raising initiatives. In this context, we are organising an information session on 26 June 2026, aimed at presenting our services, reaching new families, and strengthening community connections.

Similes Bruxelles Association d'aide aux Familles et Proches de personnes atteintes de troubles

psychiques - <https://similes.brussels>

Through these actions, we contribute to reducing stigma, promoting mental health awareness, and reinforcing the role of families as key partners in recovery. ■



SWEDISH SCHIZOPHRENIA ASSOCIATION (SWEDEN)

In 2025, the Swedish Schizophrenia Association strengthened its role as a national and international driver of change for people living with schizophrenia and their families. The organization combined scientific expertise, lived experience, and strategic advocacy to influence policy, care, and public awareness. At the national level, the association highlighted gaps in psychosis care, particularly regarding continuity, access, and implementation of guidelines. Through dialogue with authorities and participation in national working groups, it advanced proposals to improve treatment pathways, including earlier access to effective medications and better integration of physical health monitoring. The association also led advocacy on equitable access to antipsychotic treatment, emphasizing how financial barriers can increase relapse, hospitalization, and mortality. Internationally, 2025 marked a breakthrough year. The organization contributed to global treatment guidelines (INTEGRATE, The Lancet Psychiatry), participated in major congresses (SIRS, ECNP), and hosted EUFAMI's General Meeting in Stockholm. The election of Åsa Konradsson Geuken as EUFAMI President further strengthened Sweden's voice in European mental health policy. At the community level, the Swedish Schizophrenia Association's

national support line handled over 3,200 contacts during the year, including calls from Swedes living abroad, providing both, psychosocial, advisory, legal and psychological support. Together with structured family programmes, this ensured that lived experience continuously informed both advocacy and support. ■

SALUD MENTAL ESPANA (SPAIN)



With the support of the Ministry of Social Rights, Consumer Affairs and the 2030 Agenda, IMSER-SO, the National Plan on Drugs and the Fundación ONCE, the Confederación SALUD MENTAL ESPAÑA has carried out various initiatives, at national and international level, throughout 2025.

The year 2025 began with the signing of a collaboration agreement with the Fundación Vicente Ferrer, aimed at promoting reconstruction projects in the area affected by the severe flooding that occurred in the Valencian Community, in October 2024. The focus on mental health in the face of crises and disasters was also reflected in the commemoration of World Mental Health Day — an event presided over by Her Majesty the Queen — and the 25 November campaign — which addressed the mental health of women in disaster and emergency situations.

At international level, SALUD MENTAL ESPAÑA took part in a number of events, including the



MEMBER FOCUS

first Conecta Perinatal International Congress; the first Spanish–Dutch Meeting on Culture and Mental Health; the V National and II International Congress on Disability Law, held in Ciudad Real, Spain; activities in Portugal on supporting family members of people with mental health problems; and the XXIV World Congress on Mental Health, held in Barcelos, amongst other gatherings.

Furthermore, SALUD MENTAL ESPAÑA has taken part in WFMH activities at the European Parliament; European Mental Health Week 2025; and meetings of networks such as MHE. Coordination meetings were also held with organisations from other countries, such as Fundación Salud Mental Ecuador; and with Jesús Celada Pérez, Ambassador on Special Mission for the UN Convention on the Rights of Persons with Disabilities.

SALUD MENTAL ESPAÑA continued its close collaboration with the Ministry of Health, resulting in activities such as the Conference on Preventive Communication on Suicide, addressed to journalists. Meanwhile, a new edition of the national PROSPECT Training was carried out. And, as every year, the organisation published its Report on the State of Human Rights in Mental Health, whilst running the #DerechoaNuestrosDerechos campaign, this time focused on calling for the withdrawal of the Additional Protocol to the Oviedo Convention. ■



LOKA (HUNGARY)



In 2025, the LOKA Foundation advanced its mission to advocate for psychiatric patients, promote psychotherapy, and combat stigma. A major policy success was the modernisation of psychotherapy financing in Hungary, culminating in early 2026 with the formation of a multi-university working group to revise coding and funding mechanisms.

LOKA expanded its suicide prevention efforts through a gatekeeper network of 10–12 volunteers supporting bereaved families. Four new volunteers were trained, legal advocacy continued, and a support group for grieving families was implemented, though police discontinued distributing informational leaflets at tragedy scenes, limiting outreach.

Internationally, LOKA remained active in EUFAMI, attending the Stockholm General Assembly and submitting two EU project proposals. In July 2025, it hosted a Dutch-German delegation for a study visit at Bethesda Children's Hospital. Two Prospect training sessions were also held in Budapest for relatives of people with schizophrenia, professionals, and patients themselves.

The foundation coordinated two major EU-funded projects: ERASMEDIAH (€250,000 ERASMUS+), which researched youth hyperconnectivity and produced a 38-module training curriculum for teachers and parents; and LONGEVITY (€200,000 INTERREG), a four-year initiative focused on reducing social isolation and promoting active ageing among older adults, including an international meeting in Reggio Emilia and a conference in December 2025.

Community awareness activities included new psycho film clubs. Key challenges remained capacity constraints with limited human resources despite growing activities. Plans for 2026 include continuing the LONGEVITY project, expanding the gatekeeper volunteer network, ongoing advocacy, reorganising family support clubs, and submitting new EU and national grant applications. ■

EDRA (GREECE)

In 2025, EDRA supported more than 1,200 direct beneficiaries through its services and programmes, continuing its mission to empower vulnerable groups through with care and social inclusion. EDRA's impact is driven by a dedicated team of 120 employees and more than 30 volunteers.

Key Mental Health Activities

In November 2025, EDRA successfully organised and hosted the 5th Panhellenic Mental Health Football Championship in Athens, in collaboration with the Hellenic Football Federation, bringing together more than 130 players and mental health profes-

sionals from across Greece.

In October 2025, EDRA hosted the 18th International Art & Mental Health Festival "art4more". For 18 consecutive years, the festival has connected art and mental health, fostering meaningful dialogue and social awareness. This year's theme, "Tech4Soul", explored the role of technology as a tool for expression and inclusion through visual art exhibitions, interactive installations, performances, workshops, tech booths, and public discussions.

EU Projects 2025

In 2025, EDRA implemented 11 EU-funded projects aimed at strengthening social inclusion, community resilience, and mental health support across diverse target groups. Among them, the AGE THEA project was officially recognised as a European Good Practice initiative. ■



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MEMBER FOCUS

SHINE (IRELAND)



In 2025, Shine continued to support people affected by mental illness across Ireland through recovery-focused services, education, advocacy and stigma reduction initiatives. For the final year of our Strategic Plan 2023–2025, the organisation focused on strengthening integrated national service delivery, amplifying lived experience and increasing public understanding of mental illness.

During the year, Shine's Information and Support Service responded to 2,680 contacts from individuals and family members seeking guidance and recovery support. A total of 244 people engaged in Individual Recov-

ery Planning supports, while 690 participants attended peer and relatives' support groups nationwide. Shine also delivered 34 recovery education programmes supporting more than 400 participants.

Community engagement expanded significantly in 2025, with 750 awareness and engagement activities delivered across Ireland, reaching over 21,000 people through partnerships, talks and events.

Through our national Media Programme, Shine continued to work with journalists, broadcasters and media organisations to improve representations of mental illness and suicide. In 2025, the programme monitored 3,670 media items, delivered training to over 500 journalists and media professionals, and hosted the annual Mental Health Media Awards, which received 238 entries from



across Irish media. Shine also continued its partnership with The Carter Center to deliver the Rosalynn Carter Fellowship for Mental Health Journalism in Ireland.

Our Green Ribbon Campaign continued to promote open conversations about mental health and challenge stigma, with more than 500,000 green ribbons distributed nationally and over 300 community and corporate partners involved.

2025 also marked important organisational developments for Shine, including achieving the Triple Lock Standard for transparency in fundraising and Cyber Essentials Certification for cybersecurity. ■



UNAFAM (FRANCE)



Mental health was Declared a major national cause for 2025 by Prime Minister and became a central topic of public and political communication throughout the year. Driven by this national priority, Unafam was invited to more than thirty meetings and hearings and took part in numerous congresses and conferences organized on the subject.

These engagements generated over eighty media mentions, including significant mainstream coverage, reflecting growing public awareness: radio, national daily newspapers, major regional publications and the major French news agency, the AFP. Combined with social media publications, this media exposure increased Unafam's visibility (+14% followers across its social media accounts), providing essential influence to continue shaping public policy.

Parliament also addressed the issue, launching multiple fact-finding missions and legislative proposals in both the National Assembly and the Senate (covering prison populations and psychiatry, children's mental health, the state of mental health since the health crisis, prevention policies, and the integration of mental health centers into public health law). Unafam was systematically invited to provide analysis, viewpoints, and recommendations during these hearings.

At the governmental level, Unafam met with Health Minister and was consulted as part of a mission on early detection and intervention in mental health. As in previous years, Unafam also participated in the Mental Health and Psychiatry Strategic Committee organized by the Ministry of Health, where it advocated for the abolition of restraint.

MEMBER FOCUS

A Key Demand: Abolition of mechanical Restraint

On the occasion of this year dedicated to mental health, the association chose to highlight its advocacy on mental healthcare. A working group composed of expert volunteers developed a position paper containing forty-eight proposals, approved by the Board of Directors. This paper allows volunteers involved in healthcare bodies at hospital, departmental, and regional levels to promote a unified message.

To maximize media impact and raise public awareness about improving care in line with international, evidence-based recommendations, Unafam highlighted one key proposal: the abolition of restraint in psychiatry. Although classified since 2016 as a last-resort measure under judicial supervision, the association called for its full removal.

Published exclusively as a manifesto on June 11 in the national newspaper La Croix, supported by AFP coverage and a social media campaign, this demand is backed by major allies including EUFAMI, the Association of Young Psychiatrists and Addictologists (AJPPA), and the WHO Collaborating Centre in Lille (CCOMS).

The Manifesto for the Abolition of Restraint was presented to parliamentarians, ministers, and ministerial staff at each meeting, as well as to former Prime Minister during the association's research symposium in November. Respect for human dignity and rights remains a key driver of improved care, strengthening therapeutic alliances and recovery. Unafam will continue to champion this cause.

Nationwide Actions

As with any major national cause, the campaign included a large government communication effort across all media throughout the year. The government encouraged associations to relay the campaign locally under specific guidelines. Projects meeting these criteria received the official label "Grande cause nationale" along with the slogan "Let's talk about mental health!".

Unafam actively contributed to the campaign's objective of reducing stigma related to mental illness and received the label 25 times for initiatives at departmental, regional, and national levels.

Expansion of the BREF Program

Despite a very dense agenda, Unafam continued to expand its support services for families, mobilizing all its regional branches to develop the BREF program.

Co-developed by Unafam and the CLAP (Lyon Support Center for Caregivers) in Lyon, BREF enables families to be welcomed in psychiatric services, receive information about mental illness, and meet a trained Unafam volunteer. The program was recognized as a "highlight initiative" by the Ministry of Health and benefits from sustainable funding, provided regional health agencies decide to implement it locally.

More than ever, Unafam acts both as a driving force and a trusted partner in public policy, serving the recovery of individuals facing mental illness and supporting their families. ■

STAND BY YOU

(SWITZERLAND)

**STAND
BY YOU**

Schweiz

Over the last 3 years, we positioned ourselves new. We strengthened the support and the knowledge of relatives and friends of people who have experiences with persons who have been affected by mental illness.

We bring our relevant knowledge to doctors and clinics and we proudly state our role as experts.

We bring people and Institutions together, whom we know, care for carers and affected persons.

The basis of our doing re in the geographical regions, where the core work of our case is done. They ensure the working together through events, helplines and regional connections.

With this work we are being recognised in our political and social neighborhood. We also strengthen our work with allies (governmental and private institutions) by getting our work recognised. The contact to clinics and to foundations is positive.

For the future we want to remain focused, we concentrate on our HelpLine, the community platform, the need to work with young people, the constant effort to speak for our cause to government organisations, and the fight against stigmatisation.

Our growth is challenging. We are proud to receive attention from quite many new and younger carers who are willing to assist and support us. We are thankful for the continuous support by those volunteers. We are also thankful to all the foundations who have supported us and therefore made it possible to give our work a strong focus. ■

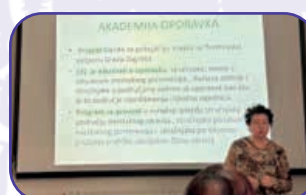
SVITANJE (CROATIA)



In 2025, the Svitanje association actively worked to improve mental health support and communication in Zagreb, Croatia. A key event was a workshop organised with the Vrapče Psychiatric Clinic and several psychiatric societies as part of the Recovery Academy. The workshop focused on enhancing psychiatrists' communication skills to improve three-way dialogue between experts, patients, and family members, a method based on the EUFAMI PROSPECT programme.

Svitanje continued its regular support groups for family members and secured a three-year Ministry of Health project, "Education and support in mental health protection," starting in March 2026. Peer support remained central, with two peer experts working within the Vrapče Clinic's mobile teams. The association also collaborated with the World Health Organisation on peer support training.

Throughout the year, Svitanje attended numerous events, including the EUFAMI General Assembly in Stockholm and conferences on suicide prevention and mental health. Actively engaging in advocacy, the association participates in shaping mental health legislation, including working on amendments to the Personal Assistance Law. Notably, Davorka Vukadin became president of SUMEZ (the Croatian Mental Health Association) and continues to advocate for human rights, including reviewing the Ombudsman's report on forced hospitalisation. The association also pushed for the return of psychologist services to the public health system, a resource lost during the COVID-19 pandemic. Finally, Svitanje continues educating psychiatric residents and implementing the PROSPECT method for family support. ■



MEMBER FOCUS



FAMILIARMENTE (PORTUGAL)

In 2025, FamiliarMente continued to strengthen the voice, participation, and empowerment of families in mental health across Portugal through national advocacy initiatives, regional capacity-building events, and the promotion of family association development.

One of the major milestones of the year was the 10th National Meeting of Families and Mental Health, held at Casa das Histórias Paula Rego, in Cascais, commemorating the 10th anniversary of FamiliarMente, founded on 31 March 2015. The event gathered around 200 participants from several regions of Portugal and included the presence of the Minister of Health at the Opening Session, as well as a message from the President of the Republic, highlighting the growing recognition of the role of families in mental health policies and care systems.

FamiliarMente also reinforced its regional outreach through the organisation of the 1st Regional Conference on Families and Mental Health of the North, held in Barcelos on 3 April 2025, with the participation of approximately 180 attendees, and the 1st Regional Conference on Families and Mental Health of Alentejo, held in Évora on 25 June 2025, attended by around 65 participants.



Through the Project for the Promotion of Family Associativism and Participation, several

awareness-raising and training actions were implemented in collaboration with local mental health services. These actions contributed directly to the establishment of two new family associations in Coimbra and Guarda, strengthening local representation and peer support networks.

In 2026, FamiliarMente continued this regional strategy with the 1st Regional Conference on Families and Mental Health of the Centre, held in Viseu on 28 April 2026, bringing together 55 participants.

These initiatives reflect FamiliarMente's ongoing commitment to family participation, mental health advocacy, community engagement, and the development of stronger support networks for families across the country. ■





ADFERIAD RECOVERY (WALES, U.K)

Adferiad were delighted to provide another successful year of Amser Short Breaks to unpaid carers across Wales. We've provided a range of fantastic opportunities for respite, supporting 774 unpaid carers to take a well-earned break. In addition, we've been proud to offer much-needed financial support to unpaid carers in Caerphilly, with grants issued for a range of goods to support with their caring responsibilities, as well as grants for counselling sessions and money advice. Read more about some of the grants we've provided to carers here. We're incredibly happy to have recently received funding extensions for both of these vital programmes, helping us support even more carers over the next 6 months at least.

We're proud to be putting unpaid carers at the heart of our campaigning work this year. Having announced our 'Towards a Fairer Future: Priorities for the Next

Welsh Government' document in November, priority 5 focuses on Care and Treatment planning and the importance of involving carers in the care and treatment of those they care for as well as utilising this opportunity to identify and support carers. We're excited to build on this work over the coming summer with further campaign work, events and research.

We've been busy throughout the year with events for unpaid carers, particularly throughout Carers Week in June and Carers Rights Day in November which saw our Family and Carers teams across Wales hosting a variety of events, from information and advice drop-ins to arts and crafts and fun days out. Carers Week 2026 is already on the horizon, and we're looking forward to another packed week of events for our unpaid carers in Wales! ■



MEMBER FOCUS

MINDWISE (NORTHERN IRELAND, U.K)

Strategy: This year MindWise launched our new five-year strategy. Titled “Braver and Bolder”, our roadmap for strengthening mental health support across Ireland based on our four pillars: Human Rights, Trauma-Informed Practice, Recovery and Client-Engagement. It follows months of engagement and listening to our clients, volunteers, staff, partners and policy makers.



Client Central: MindWise is embedding our client’s voices in the legal constitution of the organisation after years of extensive investment in client engagement.

This year we launch Client Central: Our Voices Matter, our client advisory forum giving our clients and carers their equal place at the table. This group will steer campaign priorities, focus workstreams and input into strategic development, putting true co-production into action.

University Partnerships: We have key strategic partnerships with the academic sector: we are partners on the CHOICE project (Challenging Outcomes in Integrated Care Environments) with Ulster University, supporting clients with severe mental health to integrate into the community. We are collaborators on



Ireland’s first all-island research network into mental health, Co-Prime (Co-producing and Promoting Research & Innovation in Mental Health) as well as ongoing partnerships with Queen’s University Belfast focusing on physical health impacts on mental health.

Direct Medics: We have launched a four-year partnership with Direct Medics, representing an investment of £200,000, to strengthen mental health awareness, reduce stigma, and deliver meaningful community impact. Through this partnership, MindWise Insight Learning and Support will be available to all Direct Medics staff, offering vital training opportunities for wellbeing and resilience.

Stronger Foundations Conference: In February we held a three-day professional learning event to coincide with Children’s Mental Health Week with Dr. Daniel LeGoff, creator of LEGO-Based Therapy and Health Minister Mike Nesbitt. This event featured practical training, research, lived experience, and expert discussions on strengthening mental health supports for children and young people across Northern Ireland. ■

AMAFE (SPAIN)



Throughout 2025, at AMAFE we have continued to work on the vital fight against stigma in mental health. To this end, and to mark World Mental Health Day, we launched the #YAdemás campaign in October. Consisting of four short videos, each around 40 seconds long, they tell the story behind the schizophrenia diagnosis of Fabián (who loves Van Gogh), Edu (a lawyer for over 30 years), Betty (who has over 26,000 followers on social media) and Laude (who has gone skydiving more than 60 times), and, moreover, they share their experiences of mental health issues. Because, as AMAFE says, people with mental health issues are not defined solely by their diagnosis.

The stigma society attaches to this group means we cannot imagine the life that lies beyond the diagnosis, and we are surprised when we learn about everything they do in their daily lives. Thanks to the collaboration of these individuals, this campaign has achieved over 15,000 views on Instagram alone.

All the videos can be found on both YouTube and the association's other social media

platforms.

We have also secured media coverage at both national and regional levels, placing particular emphasis on testimonials from people with personal experience.

Furthermore, we have continued to work on the Mental Care Erasmus project alongside organisations in Finland, Greece, Belgium and Croatia, whose objectives are

to improve the quality of life for people facing mental health issues, reduce the risk of relapse, and develop a comprehensive guide to best practice that facilitates collaboration and optimises communication between these three key groups.

You can see everything we do on our social media and on our website, www.amafe.org.

Links:

- <https://www.youtube.com/watch?v=Us2FK4cNaxo>
- <https://www.youtube.com/watch?v=UFwrEWurP9k>
- https://www.youtube.com/shorts/rH4NeuG9_4Y
- <https://www.youtube.com/watch?v=rV78KAP1VzA> ■



EUFAMI STATS 2025

3,3K
FOLLOWERS
(+ 28)



4,5K
FOLLOWERS
(-13)



815 FOLLOWERS
(+ 158)

STATS

- **42** MEMBERS IN **24** COUNTRIES
- MEMBERS IN **18** COUNTRIES OF THE EU **27**
- A FEDERATION OF **26** FAMILY ASSOCIATIONS AND **13** OTHER MENTAL HEALTH ASSOCIATIONS
- FULL: **26** MEMBERS
- AFFILIATE: **13** MEMBERS

SECRETARIAT

The Secretariat implements EUFAMI's strategy, with the guidance of the Board, and is responsible for the day-to-day running of the organisation.



JOHN SAUNDERS,
Executive Director

DIMITRA STEFANOPOULOS,
Communications &
Administration Officer



HANNA DZIWOSZ,
Project Assistant

ACKNOWLEDGEMENT

We would like to thank Zaira Markovič, graduate student in European Public Health from Maastricht University, Netherlands who assisted us in several tasks during the course of 2025.

Zaira is a motivated now European Public Health graduate from Maastricht University, driven by a passion for creative problem-solving and improving mental healthcare. With hands-on experience

ranging from hospital volunteering to patient-centered coursework, she combines empathy with strong organisational skills. Fluent in English, Slovak, and Czech, Zaira is eager to contribute to destigmatising mental health, inspired by her Slovak upbringing and her international studies in the Netherlands. ■



GOVERNANCE

ANNUAL GENERAL MEETING

The Annual General Meeting (AGM) is EUFAMI's highest decision-making body. Held once a year, it approves new members and finances, and elects the Board of Directors. The 2025 assembly took place in Stockholm, Sweden on 7th June 2025. Elections were held for two Director positions, with two nominations received. Urs Wüsch (Stand By you, Switzerland), EUFAMI President, was re-elected by the Board. André Decraene (Similes VI. vzw, Belgium), EUFAMI Vice-President, retired from the position as Director after completing his third and final term on the Board. Jan-Eerik Leppänen was elected to the EUFAMI Board for the first time.

BOARD OF DIRECTORS

EUFAMI is governed by its Board of Directors and held four meetings in 2025, both in person and virtual. The Board sets out the strategic direction of the organisation and oversees the work of the Secretariat. Our Board of Directors are all non-remunerated volunteers, elected by the Annual General Meeting.

The Board in 2025 comprised:



ÅSA KONRADSSON-GEUKEN,
President,
Schizofreniförbundet,
Sweden (since June 2025 previously Treasurer)



FRIEDRICH LEIDINGER,
Vice-President,
BApK,
Germany (since
September 2025)



JAN-EERIK LEPPÄNEN,
Secretary,
FinFami,
Finland (since
September 2025)



KEVIN JONES,
Treasurer,
Shine,
Ireland
(since June 2025
and previously
Secretary)



URS WÜRSCH,
Director,
VASK,
Switzerland
(President
until June 2025)



PHILIPPA LOWE,
Director,
Rethink Mental Illness,
England (U.K)



MANUEL GATTERER,
Director,
ARIADNE,
Italy



EMMANUELLE RÉMOND,
Director,
UNAFAM,
France



MIGUEL DURÃES,
DIRECTOR,
FAMILIARMENTE,
PORTUGAL



ANDRÉ DECRAENE,
Vice-President,
Similes VL. vzw,
Belgium (until June 2025,
then retired)

FINANCIAL REPORT

Audited Financial Results 2025

BALANCE SHEET

Assets		2025	2024
	Fixed assets	155,00	155,00
Plant, machinery & equipment			
Furniture			
Other tangible assets		155,00	155,00
	Current assets	151.266,64	240.436,81
Trade debtors		3.795,00	
Other amounts receivable			
Cash at bank and in hand		143.525,30	240.226,52
Transitory accounts		3.946,34	210,29
Total assets		151.421,64	240.591,81
Liabilities		2025	2024
	Capital and reserves	99.169,00	177.761,72
Allocated funds		144.293,18	144.293,18
Profit carried forward			33.468,54
Loss carried forward		-45.124,18	
Profit of the year			162.088,09
Loss of the year		-78.592,72	
Creditors		52.252,64	62.830,09
Trade debts		11.289,03	8.858,90
Staff debts			
Transitory accounts		40.963,61	53.971,19
Total liabilities		151.421,64	240.591,81

INCOME AND EXPENDITURE

Income €	2025	2024
Membership fees	11.751,00	15.394,50
EUFAMI Collaborating Partner Programme	56.000,00	100.175,00
Project funding	24.722,51	268.026,34
Recovered expenses/Honoraria/Other	9.577,65	52.700,79
Financial income	496,42	1.423,04
Total income	102.547,58	437.719,67
Expenditure €	2025	2024
Board of Directors	7.624,55	5.272,13
General/Board Meeting	30.712,57	8.821,99
Staff Costs	93.545,10	83.054,40
Write off trade debtors	318,90	470,00
Office/insurances/suppliers	11.444,89	5.009,33
Annual report/Communications	696,69	625,21
Website/promotion/representation/IT Costs	3.917,22	5.272,13
Finance and legal expenses	13.895,28	13.433,19
Project expenses	14.628,05	148.449,96
Misc. costs including depreciations	4.356,78	5.223,09
Total Expenditure	181.140,30	275.631,43
Profit/Loss	-78.592,72	162.088,24
Detail of Income		
1. Core (Collaborating Partner Programme)	2025	2024
Janssen	36.000,00	36.425,00
Boehringer Ingelheim	20.000,00	63.750,00
Total	56.000,00	100.175,00
2. Projects	2025	2024
Prospect Plus		238.129,20
Running in the Family	13.465,54	23.345,72
VBt Virtual Brain	500,85	6.551,42
BI Austrian Project (the Reality of Schizophrenia)	10.756,12	
Total	24.722,51	268.026,34

FINANCIAL REPORT

Treasurer's Report

For the year 2025, EUFAMI received a total income of €102,548 - a significant decrease from €433,118 in 2024; however, this was more consistent with the operations at EUFAMI for 2023 and previous years. As explained in the 2024 Annual Report, the increased funding for 2024 was specifically to be reserved for future Prospect activities. The income for the current year, 2025, originated from our Partner Programmes with corporate donors, EU-funded projects, and membership fees.

Total expenditure and charges amounted to €181,140; in 2024 the corresponding amount was compared to €271,030. The largest cost categories included staff costs, the General Meeting and Conference, financial services, and project expenditures.

As a result, EUFAMI is reporting a deficit of €78,593 in 2024. Although EUFAMI holds a significant amount of project funding, as is evident from the Balance Sheet, it cannot be taken into income in 2025 as there was not sufficient project activity to offset it. Hence the main reason for reporting a deficit financial result.

Partner Programme contributions specifically accounted for €56,000 of the 2025 income.

EUFAMI's Balance Sheet as at the end of 2025 remained robust, reflecting solid financial health and stability. I am also pleased to report that EUFAMI received an unqualified (clean) audit report for the financial year 2025.

As Treasurer, I would like to extend my sincere appreciation to my fellow Directors, to our Executive Director John Saunders, and to Dimitra Stefanopoulos, our Communications and Administration Officer, for their unwavering support throughout the year.

Although many European NGOs continue to face financial pressures, I am confident that EUFAMI will meet these challenges, grow stronger, and continue to speak out for families across Europe.



Kevin Jones

Kevin Jones
EUFAMI Treasurer
May 2026

EUFAMI is grateful for the financial support received from the following partners:



EUFAMI MEMBERS

AT 31 DECEMBER 2025

Full member associations

[ARAP](#) – Associazione per la Reforma dell'Assistenza Psichiatrica (Italy)

[ARIADNE](#) – Verband Ariadne – für die psychische Gesundheit aller (Italy – South Tyrol)

[BAPK](#) – Bundesverband der Angehörigen psychisch Kranker (Germany)

[Bedre Psykiatri](#) – Landforeningen Pårørende til Sindslidende (Denmark)

[BGFami](#) – Bulgarian Association of Families of People with Mental Illness

[Cheerful House](#) – Hyvän mielen talo (Finland)

[EPIONI](#) – Greek Carers Network (Greece)

[FamiliarMente](#) – Portuguese Federation of Associations of Families of People with Mental Illness Experience (Portugal)

[FinFami](#) – Omaiset Mielenterveytyön Tukena Keskusliitto Ry (Finland)

[HPE](#) – Hilfe für Angehörige Psychisch Erkrankter (Austria)

[ISRAFAM](#) – Israel Families for Mental Health (Israel)

[LOKA](#) – Lelekben Otthon Közhazsnú Alapítvány (Hungary)

[LSPŽGB](#) – Lietuvos Sutrikusios Psichikos Žmonių Globos Bendrija (Lithuania)

[MHA](#) – Mental Health Association (Malta)

[MIND Naasten Centraal](#) – (former Stichting Labyrint-in Perspectief) (Netherlands)

[MindWise](#) – (N. Ireland)

[MIND – Ypsilon](#) – (Netherlands)

[Rethink](#) – Rethink Mental Illness (England – UK)

[Salud Mental España](#) – Confederación Salud Mental España (Spain)

[Schizofreniförbundet](#) – The Swedish Schizophrenia Association (Sweden)

[SHINE](#) – Supporting People Affected by Mental Ill Health (Ireland)

[Similes Bruxelles asbl](#) – Association de familles et de proches de personnes atteintes de troubles psychiques (Belgium)

[Similes vzw](#) – Federatie van Vlaamse SIMILES kringen v.z.w. (Belgium)

[SIND](#) – Landsforeningen SIND (Denmark)

[SOPSY Athens](#) – Panhellenic Association of Families for Mental Health (Greece)

[STAND BY YOU](#) – Vereinigung der Angehörigen von Schizophrenie-/ Psychisch Kranken (former VASK) (Switzerland)

[UNAFAM](#) – Union Nationale de Familles et Amis de Personnes Malades et/ou handicapées psychiques (France)

[UNASAM](#) – Unione Nazionale delle Associazione per la Salute Mentale (Italy)

Affiliate member associations

[ADFERIAD RECOVERY](#) – (former HAFAL) (Wales – UK)

[AMAFE](#) – Asociación Española de Apoyo en Psicosis (Spain)

[DREAM SLOVAKIA – CZECH REPUBLIC](#) – SEN Slovensko a Cesko (Slovakia/Czech Republic)

[EDRA](#) – Services in the Mental Health and Learning Disabilities Sector (Greece)

[ENCONTRAR+SE](#) – Association to Support People with Severe Mental Illness (Portugal)

[METIS Europe](#) asbl – (Belgium)

[MTÜ-EPITÜ](#) – MTÜ EPITÜ Lõuna-Eesti (Estonia)

[Nova SYMPATHEA](#) – Celonárodní Organizace Příbuzných Duševně Nemocných (Czech Republic)

[OZARA](#) – Nacionalno Združenje za kakovost Življenja (Slovenia)

[PEPSAEE](#) – Panhellenic Association for Psychosocial Rehabilitation and Work Reintegration (Greece)

[PROMESSES](#) – PROfamilles et Malades: Eduquer, Soutenir, Surmonter Ensemble les Schizophrénies (France)

[ŠENT](#) – Slovensko Združenje za Duševno Zdravje (Slovenia)

[Svitanje \(Sunrise\)](#) – Association for the Protection and Promotion of Mental Health (Croatia)

[Udruga Životna linija](#) – Lifeline Association (Croatia)

LOGOS

