



Supporting Families Affected by Mental Ill Health since 1992

Advocacy

Membership

Research

WHO WE ARE

EUFAMI was founded in 1992 after a congress, which took place in 1990 in De Haan, Belgium, where carers from all over Europe shared their experiences of helplessness and frustration when living with severe mental illness. They resolved to work together to help both themselves and the people they cared for.

OUR MISSION

EUFAMI's mission is to represent all family members of persons affected by severe mental ill health at European level so that their rights and interests are recognised and protected.

OUR VISION

EUFAMI's vision is that every person affected by mental ill health and their family members receives the understanding and support they need to participate in their community as they choose, and share in the social, economic and political rights of that community, without exclusion or discrimination.

ADVOCACY

EUFAMI will advocate, at European level, for families and carers affected by mental ill health, regardless of social, economic or ethnic differences.

MEMBERSHIP

EUFAMI will connect and support EUFAMI Membership by encouraging and supporting the establishment of new family associations and strengthening those already in existence.

RESEARCH

EUFAMI will ensure the active participation of families and carers in research by supporting and promoting family-focused research and collaboration with relevant stakeholders and also by sharing research outcomes with member organisations, the media and the wider public.





EUFAMI Congress 2024

CONFLICT AND RECOVERY IN MENTAL HEALTH

Vilnius, Lithuania 21-22 June 2024

Over the last 4 years, Europe has been severely affected, firstly, by the Covid-19 pandemic, which caused major upset to the social and economic lives of everyone and of course caused major health traumas and death to many people. Secondly, the significant displacement of war, cultural and also environmental refugees has caused devastation at all levels for the people of countries such as Ukraine, which most recently has resulted in major upsets economically for the rest of Europe, and also for the people from across Eurasia and Africa who have been trying to find refuge into Europe.

Of course, families are the centre of and most affected by these crises.

Thankfully, there has been a significant recovery from the effects of Covid due to good public health measures and vaccination programmes. While the threat still exists the world has learned to adapt.

Against the background of conflict and disruption EUFAMI holds a Congress in Vilnius, Lithuania on 21st and 22nd June 2024, with the collaboration of our Lithuanian member LSPZGB, theme-centred around:

CONFLICT AND RECOVERY IN MENTAL HEALTH

The sub-themes of the Congress are:

- **Helping Families to Recover from Mental illness**
- **Migration and Immigration and Mental Health – Cultural issues**
- **Reducing Coercion in Mental Health Services**
- **Better communication through Digital Mental Health Services**

The Congress will be constructed around a plenary session on 21st and 22nd June 2024, followed by a series of parallel workshops based on the sub-themes.

*in collaboration with LSPZGB

FOR MORE INFO CONTACT US AT:

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