



Leuven, 31st October 2019

PROSPECT PLUS – Press Release

On the occasion of World Mental Health Day, the European Federation of Families of People Affected by Mental Ill Health (EUFAMI) is pleased to announce the launch of a new partnership with the Janssen EMEA Fund (Johnson & Johnson Foundation) which will enable EUFAMI to work with its members in updating its Prospect peer to peer Training Programme.

The updated programme, to be relaunched as PROSPECT PLUS, will be used to train facilitators who will then be able to implement the training programme at national level. PROSPECT PLUS aims to provide families and friends with much-needed tools to enable them to gain confidence, improve their coping skills, regain control and improve their quality of life. As was the case with the original Prospect Training programme, PROSPECT PLUS will be subject to ongoing qualitative and quantitative evaluation.

EUFAMI President, Miia Männikkö, welcomed the new partnership saying “The PROSPECT Training programme is of key importance to families and family carers. For many years now EUFAMI has hoped to be able to bring the PROSPECT content and materials up to date, and to include new and innovative components so it can be a state-of-the-art educational programme. This will benefit many families and family carers around the world. EUFAMI is excited to be launching this new partnership with the Janssen EMEA Fund (Johnson & Johnson Foundation), and excited to be able to start work on PROSPECT PLUS”.

Representing the Janssen EMEA Fund, Antonio Delgado, said “Through the Janssen EMEA Fund, managed by the Johnson & Johnson Foundation, we develop initiatives and partnerships to strengthen health systems by supporting and championing the people on the frontlines who are at the heart of delivering care. Mental Health disorders are the leading cause of disability in the world and family members are the primary caregivers of persons with mental illness. We need a comprehensive and coordinated response to managing mental health in community-based settings and family carers must be recognized and supported to improve long-term care patients’ health outcomes. I am proud that we are now building on Johnson & Johnson’s 60 year legacy of innovation in Mental Health and working collaboratively with EUFAMI to support family caregivers in Mental Health”.

Notes:

About EUFAMI

EUFAMI was founded in 1992 after a congress, which took place in 1990 in De Haan, Belgium, where carers from all over Europe shared their experiences of helplessness and

frustration when living with severe mental illness. They resolved to work together to help both themselves and the people they cared for.

EUFAMI is a democratic organisation, registered in Belgium as an international non-profit organisation. We have an ongoing commitment to improving care and welfare for people affected by mental ill health. We also enable our member organisations to act jointly at a European Level, combining their efforts and sharing experience.

For more information please visit www.eufami.org

About the Janssen EMEA Fund and the Johnson & Johnson Foundation

The Janssen EMEA Fund represents Janssen's commitment to work with the Johnson & Johnson Foundation to support Innovative solutions that improve health and well-being in underserved communities. The Johnson & Johnson Foundation supports and champions the people on the front lines who are at the heart of delivering care. Together with our partners, we focus on building and strengthening a robust primary care health workforce – made up of capable, confident and resilient nurses, midwives and community health workers (CHWs) – so that they can provide quality care to the communities they serve.

About Prospect and PROSPECT Plus

Prospect is an innovative European training initiative which opens up fresh perspectives for individuals with direct experience of mental ill health, whether it be people with self-experience, their family and friends or health and social care professionals.

The initiative has produced three training programmes for participants belonging to each of the above groups, and a Common Ground Module for participants from all three groups.

Prospect is a project developed by the European Federation of Associations of Families of People with Mental Illness (EUFAMI) which was initially brought together with the input from sixteen partner organisations and representatives of people with mental ill health, family carers, health and social care professionals from twelve European countries.

PROSPECT Plus will, in its first phase, enable EUFAMI and its member organisations to work on updating the first module of the programme, the one dedicated to family and friends.

About World Mental Health Day

*World Mental Health Day celebrates **awareness** for the global community in an **empathetic** way, with a **unifying** voice, helping those feel **hopeful** by **empowering** them to take **action** and to create **lasting change**. World Mental Health Day 2019 focuses on suicide prevention. For more information please visit <https://wfmh.global/world-mental-health-day-2019/>*