

# Programme

Families and Carers at the Heart of Europe –  
Their Role in the Economy of Wellbeing

Helsinki 19.-20.9.2019

EU2019.FI



## Day One – 19<sup>th</sup> September 2019

**12:30**            **Registration and Lunch**

**14:00**            **Congress – Opening Addresses**

Mia Männikkö, EUFAMI President

Pia Hytönen, FinFami CEO

Vytenis Andriukaitis, European Commissioner for Health and Food Safety  
(video message)

Sofia Virta, Member of Parliament, Green Parliamentary group

**14:30**            **Plenary Session 1**

**Mental Health – the changing landscape over the last 4 years**

***Session Chairperson: Eulalia Pereira, EUFAMI Board Member***

Family Perspective: André Decraene, EUFAMI Board Member

Patient Perspective – Aikaterini Nomidou, Secretary General, GAMIAN

Healthcare Professional Perspective – Dr Julian Beezhold, Secretary General, EPA

Finnish Perspective – Dr Birgitta Alakare

Discussion – Q & A

**16:00**            **Coffee Break**

**16:30**            **Concurrent Workshops**

1. Good practices in education and training for family members

2. Caring, Participation and Inclusion

3. Families in Recovery

4. Child and Young Carers

**18:00**            **Video: 'Breaking Depression'**

18:10 Summary of Day 1

19:30 Tapas Dinner  
Words from FinFami President

# Day Two – 20<sup>th</sup> September 2019

- 8:00**            **Registrations open**
- 8:45**            **Opening**  
Sirpa Pietikäinen MEP  
Marianne Thyssen, European Commissioner for Employment, Social Affairs,  
Skills and Labour Mobility (video message)
- 9:00**            **Keynote speakers: (35 mins)**  
Emily Hewlett, Health Policy Analyst, OECD  
Inger Nilsson, former EUFAMI President
- 9:45**            **Plenary Session 2**  
**Mental Health – the contribution of Carers to the economy of well-being**  
*Session Chair: Kevin Jones, EUFAMI Treasurer*  
The Economic Case for Caring - David McDaid – presentation  
The EUFAMI Board response – John Saunders, Director, Shine  
The Canadian Experience – Dr Ella Amir, Executive Director, AMI-Québec  
Q & A – interactive panel discussion
- 11:00**            **Refreshments and exhibit visit**
- 11:30**            **Concurrent Workshops (Same as Day 1)**  
1. Good practices in education and training for family members  
2. Caring, Participation and Inclusion  
3. Families in Recovery  
4. Young Carers Experiences
- 13:00 – 14:00** **Lunch**
- 14:00**            **Plenary Session 3**  
**Caring and wellbeing in a digital age**  
*Session Chair: Spyros Zorbas, EUFAMI Board Member*  
Ms Saira Rinne, Head of Policy Sector, European Commission  
DG Communications Networks, Content and Technology  
Dr Gerard W. Dawson, CSO P1vital, Digital Technology in PRISM and PRedICT  
Kim Baden-Kristensen, Co-founder & CEO, Brain+  
Per Torell, EUFAMI Board Member – the family perspective  
Q & A – interactive panel discussion
- 15:30**            **Congress Declaration** – Edo Belak, EUFAMI Board Member

15:45 EUFAMI Congress Wrap up – Miia Männikkö, EUFAMI President

16:00 Close