

Programme

Families and Carers at the Heart of Europe –
Their Role in the Economy of Wellbeing

Helsinki 19.-20.9.2019

EU2019.FI



Day One – 19th September 2019

- 12:30** **Registration**
- 14:00** **Congress – Opening Addresses (30 mins)**
Mia Männikkö, EUFAMI President (5 mins)
Pia Hytönen, FinFami CEO (5 mins)
Finish Ministry Representatives
- 14:30** **Plenary Session**
Mental Health – the changing landscape over the last 4 years
Session Chairperson: Eulalia Pereira, EUFAMI Board Member
EU perspective – DG Sante and DG Empl
Family Perspective: Andre Decraene, EUFAMI Board Member
Patient Perspective – Aikaterini Nomidou, Secretary General, GAMIAN
HCP Perspective – EPA Representative
Discussion – Q & A (30 mins)
- 16:00:** **Coffee Break**
- 16:30:** **Concurrent Workshops:**
1. Good practices in education and training for family members
2. Work/Life Balance for Family Carers
3. Families in Recovery
4. Young Carers Experiences
- 18:00** **Closing Speaker/Summary**
- 19:30** **Tapas Dinner**
Words from FinFami President

Day Two - 20 September 2019

- 8:00** **Registrations**
- 8:45** **Opening** - Sirpa Pietikäinen MEP
- 9:00** **Keynote speakers:**
Emily Hewlett, OECD
Family Perspective - Inger Nilsson, former EUFAMI President
- 9:45** **Plenary Session 2:**
Mental Health – the contribution of Carers to the economy of well-being
Session Chair: Kevin Jones, EUFAMI Treasurer
The Economic Case for Caring - David McDaid – presentation 30 mins.
The EUFAMI Board response – Friedrich Leidinger
Response from the EUFAMI members
Q & A – interactive panel discussion
- 11:00** **Refreshments and exhibit visit**
- 11:30** **Concurrent Workshops** (Same as Day 1):
1. Good practices in education and training for family members
2. Work/Life Balance
3. Families in Recovery
4. Young Carers Experiences
- 13:00 – 14:00** **Lunch**
- 14:00** **Plenary Session 3:**
Caring and wellbeing in a digital age
Session Chair: Spyro Zorba, EUFAMI Board Member
1. European Commission Representative
2. Gerry Dawson, CSO P1vital, Digital Technology in PRISM and PReDicT
3. Kim Baden-Kristensen, Co-founder & CEO, Brain +
4. Per Torell, EUFAMI Board Member – the family perspective
Q & A – interactive panel discussion
- 15:30** **Congress Declaration** – Edo Belak, EUFAMI Board Member
- 15:45** **EUFAMI Congress Wrap up** – Miia Männikkö, EUFAMI President
- 16:00** **Close**